

Roc Solid Ready Bags are given to families
on the worst day of their lives ...



the day their child is diagnosed with cancer.

*Help collect items to fill Roc Solid Ready Bags.
Your support will send a powerful message to local
families that they are not alone as they begin the
terrifying journey of fighting pediatric cancer.*



www.RocSolidFoundation.org

Collecting Items for Roc Solid Ready Bags



Thank you for supporting our Ready Bag program! The items you collect make a huge impact on families who have just learned their child has cancer.

There isn't just one way to collect items. Here are some ideas:

- We can help you narrow down the list and create a simplified checklist.
- Distribute the flyer and checklist and set up a collection bin.
- Set up a friendly competition. We'll reward the winner with a pizza party or swag!
- Set a timeline (2-4 weeks is recommended) and keep your team(s) posted on progress.
- Collect monetary donations, which can help us pay for the bags themselves, the tablets, and our shipping expenses.
- Send us photos so we can say thank you on our social media channels!

Let us know what we can do to support you in this effort.

- **Are you local?** Contact us to arrange pickup of the items!
- **Out of the area?** Ship them to our main office:
5164 West Military Hwy., Suite 100, Chesapeake, VA 23321

Thank you again for joining our mission to build hope! We truly appreciate you.

—Your friends at Roc Solid Foundation



Roc Solid Ready Bags



Ready Bag Items to Collect:

TOILETRIES (all travel sized)

Travel Shampoo	Travel Toothpaste
Travel Conditioner	2 Toothbrushes
Travel Body Wash	Travel Mouthwash
Travel Lotion	Hairbrush
Travel Q-tips	Hair Ties
Deodorant (unisex)	Chapstick
Digital Thermometer	

OTHER

Kindle Fire 7 Tablet	Coffee Tumbler (Thermos style)
UNO Card Game	Deck of Cards

Monetary Donations Help Cover:

The Bag – \$45

Tablet Case – \$15

Shipping Supplies – \$10

Postage – \$15

TOTAL – \$85/Bag

Items should be:

- Travel sized (if noted)
- Unused and unopened
- Gender-neutral colors with no graphics/logos

Thank you for building hope for families fighting pediatric cancer!

—Your friends at Roc Solid Foundation



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