

Roc Solid Ready Bags



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Roc Solid Foundation provides Ready Bags to families when they first hear the devastating news that their child has cancer. Ready Bags are filled with all the essentials for unexpected hospital stays, but more importantly, they send a powerful message to families that they are not alone as they begin the very scary journey of fighting pediatric cancer.



HOSPITAL PARTNERS

Roc Solid Foundation is currently partnered with over 120 children's hospitals around the United States to provide Ready Bags to families when they are diagnosed with pediatric cancer. Hospital partners are able to request Ready Bags at any time and are connected to our in-house CCLS, Bryan Sellitti, to answer any questions.

A Ready Bag is given to every single family diagnosed with cancer at the time of diagnosis or very shortly thereafter. The Ready Bags are intended to be used by the whole family.



THE BAG

THE READY BAG BACKPACK

The Roc Solid Ready Bag backpack was chosen with the highest standards because we know it has to last for the entirety of the kiddo's treatment. It is large enough to hold enough clothes and essential items to spend the night in the hospital so parents can have it packed and ready to go in the event that their kiddo needs to go to the hospital unexpectedly.

THE REGISTRATION CARD

Each Ready Bag has a registration card that allows Roc Solid to connect with the family to provide them with ongoing support throughout their treatment. When they register their bag, we send them a food delivery service gift card!



COMFORT ITEMS

BLANKET

Hospital rooms can be chilly and there is nothing quite like the familiar feeling of being wrapped in a blanket to bring a little extra comfort. The blanket can be used by the kiddo who is sick or by a parent or sibling who may be in the hospital room as well.



SLEEP MASK

When nurses and doctors come into the hospital room at all hours of the day and night, the sleep mask helps kiddos stay asleep when the lights come on. Some kiddos also use the sleep mask to cover their eyes when they have to have blood drawn or IVs placed to make the process a little less scary.

THERMOS

A thermos is included in the Ready Bag so that parents can drink coffee out of a real thermos instead of a disposable cup.

TOILETRIES

TRAVEL TOILETRY ITEMS

When families are diagnosed with pediatric cancer, they are often not expecting to spend the night in the hospital, so we provide travel sized toiletries for the whole family.

TOILETRY BAGS INCLUDE:

- lip balm
- hair ties
- shampoo
- conditioner
- body wash
- lotion
- 2 toothbrushes
- toothpaste
- hairbrush
- deodorant
- thermometer

One of the smallest items in the Ready Bag, the hair tie, makes a huge impact. This allows the mama bear to pull her hair out of her face as she leans over the hospital bed so baby bear can see her and receive instant comfort.





LIFESTYLE ITEMS

INSULATED BAG

An insulated bag is included in the Ready Bag so that parents can grab a handful of grocery items for their hospital room.

UNIVERSAL PHONE CHARGER


To help parents keep with phones charged, we include a charging cable with multiple ends to charge many devices.

PILL CRUSHER

As kiddos are prescribed medications, many are in the form of pills that need to be crushed and added to apple sauce or other foods to administer.

JOURNAL

Parents are given a lot of information starting the moment they are diagnosed. We provide a journal and pen in the Ready Bags to give parents a place to record all the information they are receiving and to write down all the emotions they are experiencing.



FUN ITEMS

KINDLE FIRE TABLET

When kids are in the hospital, this tablet becomes their playground. We provide a tablet and cover to provide a fun item for the kiddo and their siblings in the hospital.

UNO AND PLAYING CARDS

A deck of Uno cards and regular playing cards are in each Ready Bag to give the whole family a way to make memories together in the hospital room.



WIRELESS HEADPHONES

Wireless headphones allow kiddos to watch movies on their tablet and tune out the hospital noises.

POP-IT TOY

The Pop-it toy provides an outlet for kids to express their nervous energy and fidget with when they are feeling anxious.

COMMUNITY

PACKING READY BAGS

Each Ready Bag is hand-packed by Roc Solid volunteers and includes a handwritten note with a prewritten message. Although families will never meet the person who packed their Ready Bag, they will be introduced to Roc Solid Foundation as the community who will be there through the ups and downs of their journey.

